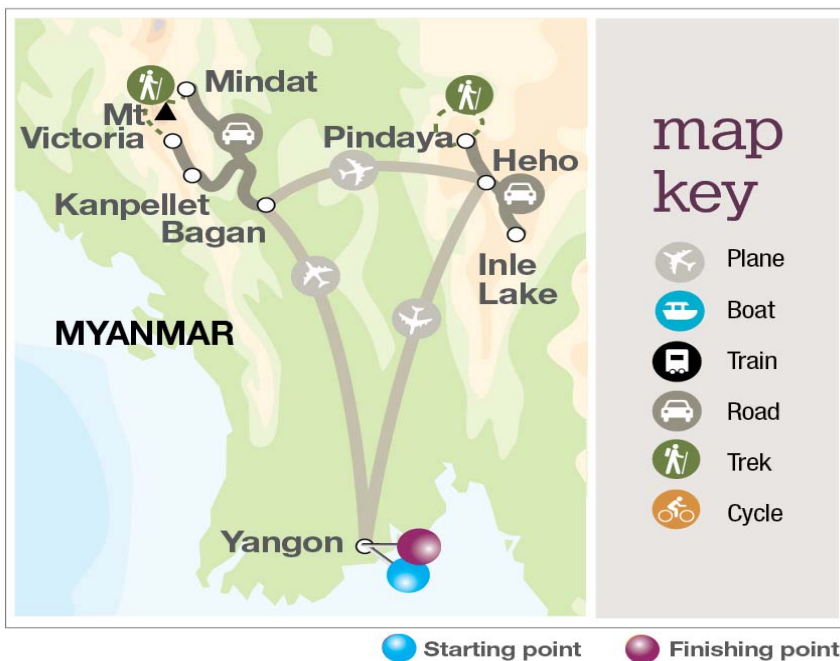




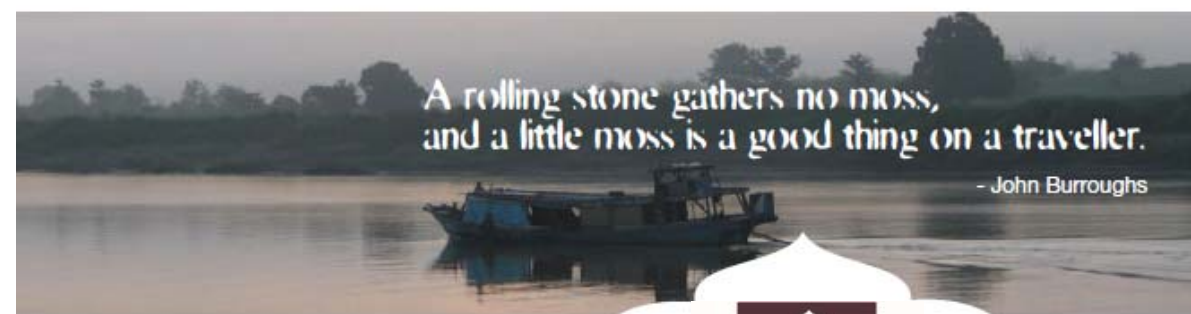
Myanmar Hill Tribes

Make a relaxed exploration of the remote Chin Hills and the picturesque Shan Plateau on this **discovery style** trek and touring itinerary. Two easy grade treks are involved including an easy ascent of Mt Victoria in Nat Ma Taung National Park. Our second trek will be in east Myanmar on the Shan plateau at Pindaya near Inle Lake. We also tour to the amazing pagoda fields of Bagan, the floating villages at pristine Inle Lake and Yangon (Rangoon) site of the inspiring Shwedagon Pagoda.

Visit Yangon, Bagan, Kenpellet, Aye Village, Mindat, Bagan, Pindaya, Inle Lake,



Length of trip	17days 5 trekking days.
Accommodation	Hotels, Monastery.
Meals included	Yes
Travel Style	Tour coach, 3 domestic flights, Porter supported trek.
Escort	SRA leader for more than 6 travellers. Local English speaking escort for 6 or less travellers.
Sightseeing and entry fees	Included
Maximum group	12
Commences	Yangon 5th January 2012
Concludes	Yangon 21st January 2012
COST	NZ\$5,500 based on twin share. Single Rm Sup NZ\$350



To BOOK or ENQUIRE

In New Zealand Ph 0800 349 739. info@silkrroad.co.nz

In Australia Ph 1800 786 302 silk_rd@bigpond.net.au



Itinerary at a Glance :

Thursday, 5 January 2012 Arrive Yangon AM.

Afternoon sightseeing in Yangon's colonial era administrative district. Return to hotel via Royal Lake floating boardwalk.

Friday, 6 January 2012 To Bagan

Morning flight to Bagan. PM sightseeing excursion around the spectacular Bagan Archaeological Zone World Heritage Area.

Saturday, 7 January 2012 To Chauk and Kanpellet

By 4x4 to Kanpellet on the forested slopes of Mt Victoria. Initially down the Ayeyarwaddy to Chauk town then across the river heading west into the hills by a narrow jungle track thro teak forested hills to reach the old colonial era hill station of Kanpellet.

Sunday, 8 January 2012 Kanpellet

Exploration of Kanpellet district walking to villages and utilizing the cars for transport back to the hotel. Dinner and overnight at Oasis Village resort

Monday, 9 January 2012 Mt Victoria

Trek to Mt Victoria (3,050m asl), the highest peak in south-east Asia outside the Himalayan mountains. Trek via the colonial era bridal path into the Rhododendron cloud forests to the summit (5hrs return). Nat Ma Taung National Park is listed by IUCN as a biodiversity "hot spot" and the park is Myanmar's largest conservation area. Overnight in village house at Aye Sakan village (1700m asl)

Tuesday, 10 January 2012 Trek – drive to Mindat

Morning trek to neighbouring village. Return to Aye Village for late lunch, visit local school and weaving centre. Mid afternoon drive to the river and up the steep road to Mindat. Dinner at local café, overnight at Victoria Guest house

Wednesday, 11 January 2012 Mindat

Today we plan to relax in Mindat and meet some of the local identities. Chin culture is renowned for its strong ethnic identity with a tattoo and wind instrument culture similar to that of Polynesian people. Dinner at local café and overnight at Victoria Guest house

Thursday, 12 January 2012 To Pauk and Bagan

Drive back to Bagan today. If the road is open we will take the more direct route from Mindat to Pauk and cross the Ayeyarwaddy by ferry at Kyun Chaung. Dinner at the hotel, overnight Bagan

Friday, 13 January 2012 Bagan

Morning at leisure and afternoon local village visit after which we can also visit a Lacquer ware factory and sample some of the stunning array of local crafts. Sunset at Shwesandaw Pagoda and dinner at local restaurant.

Saturday, 14 January 2012 To Heho and Pindaya

Morning flight to Heho on the Shan plateau then by road to Pindaya (60km), a quiet town about 90 minutes drive from the airport. After lunch commence trek. Overnight in local house or monastery.

Sunday, 15 January 2012 Trek

After breakfast we set out to walk via the village pathways, home of the Palaung hill tribe. This is a gradual but steady climb for 2 hours to reach the ridge top and an easy descent of 2-3hrs to our overnight stop at the village monastery or local house.

Monday, 16 January 2012 Trek

Today the walk back to Pindaya is an easy ramble down hill through bamboo forest and cultivated small holdings to the villages of Pansit, Inya Kan, and Zawgyi Myit Phya. Return to Pindaya by late afternoon, dinner and overnight at the Inle Resort Pindaya hotel

Tuesday, 17 January 2012 To Inle Lake

This morning visit the 1000 Buddha Pindaya caves and local market. Late morning we'll head back down valley to the Inle basin and by "long-tail" boat out across the lake to our "floating hotel". Arrive at the hotel late afternoon. Dinner at the hotel.

Wednesday, 18 January 2012 Inle Lake

After breakfast depart by longtail boat for a full day sight-seeing. Inle Lake is home to the Intha people, famous for their leg rowing prowess, floating gardens and villages. Plan to spend the day visiting villages and sampling the spectacular array of traditional handicrafts. Dinner and overnight at the hotel.

Thursday, 19 January 2012 Inle Lake

Depart by Longtail boat for Shwe Indein Pagoda at the southern end of the lake. Today we can combine a trip to the ancient Inle capital of Indein with a walk to local Pa-O villages. Dinner and overnight at hotel.

Friday, 20 January 2012 To Yangon

Return to the airport at Heho for our morning flight to Yangon. In Yangon, we will visit the Bogyoke Aung San Market (Scott Market) for souvenir shopping and late afternoon visit the magnificent Shwedagon Pagoda - one of Myanmar's most sacred places – a stunning sight as the sun sets and a most fitting place to conclude our trip in this "Golden Land". Farewell dinner at a local restaurant

Saturday, 21 January 2012 Depart

Transfer to the airport for your flight



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