



## Myanmar Hill Tribes and trek

Explore the remote Chin Hills and the picturesque Shan Plateau. Two easy grade overnight treks.

A relaxed exploration of the remote Chin Hills and the picturesque Shan Plateau on this discovery style trek and touring itinerary.

Two easy grade treks are involved including an easy ascent of Mt Victoria in Nat Ma Taung National Park. The second trek will be in east Myanmar on the Shan plateau at Pindaya near Inle Lake.

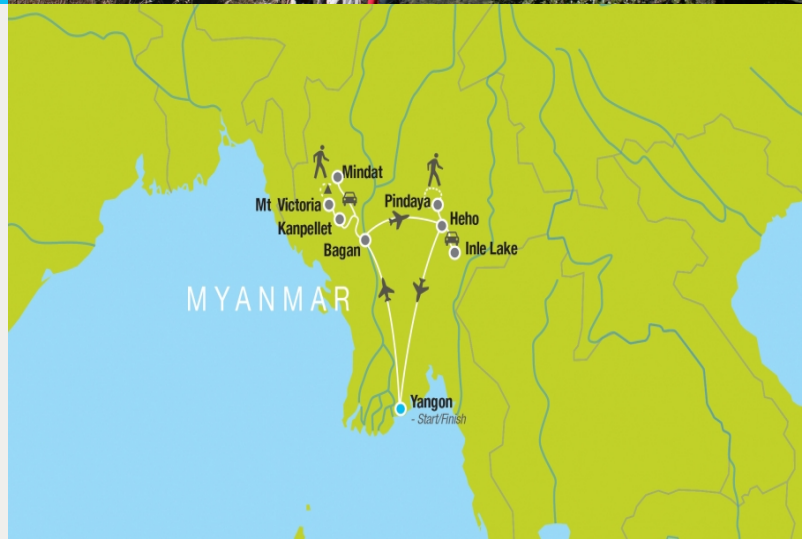
We also tour to the amazing pagoda fields of Bagan, the floating villages at pristine Inle Lake and Yangon (Rangoon) site of the inspiring Shwedagon Pagoda.

This itinerary can operate with as few as two people at a date to suit you. Please enquire.

**\$US 3300**

All inclusive, based on twin share and minimum of two travellers  
Single Room Supplement available

Escorted by SRA local professional tour leader



### Trip Details

DURATION - 17 days

AVERAGE TEMP - 5°C - 20°C

ACCOMMODATION STYLE  
- Hotels, guesthouse, local house and monastery

SIGHTSEEING STYLE  
- Included

GROUP SIZE STYLE  
- 12

DATES OF TRIPS  
Commences Yangon  
5 October 2020  
Concludes Yangon  
21 October 2020

MEALS  
included

TRAVEL STYLE  
A/C passenger vehicle, 3 domestic flights, boats, fully supported treks

## Daily Itinerary

### Day 1 - Arrive Yangon

Met and transfer to the hotel. Our itinerary commences with lunch today. Visit downtown Yangon this afternoon, and an evening visit to the magnificent Shwedagon Pagoda.

### Day 2 - to Bagan

Morning flight to Bagan. Afternoon sightseeing excursion around the spectacular Bagan Archaeological Zone World Heritage Area and watch the sunset in the evening over the Pagoda fields.

### Day 3 - Bagan

Morning at leisure and this afternoon visit Phwar Saw village where the woman produce cigars and woven bamboo picture frames for the local market. We will also visit a Lacquer ware workshop.

## **Day 4 - to Kanpetlet**

Drive to Kanpetlet on the forested slopes of Mt Victoria. Initially down the Ayeyarwaddy to Chaulk town then across the river heading west into the teak forested hills to reach the old colonial era hill station of Kanpetlet.

## **Day 5 - Kenpetlet**

Exploration of Kanpetlet district walking to villages and utilizing the cars for transport back to the hotel. We can visit a local house to learn about the tattoo tradition of the Chin Tribe.

## **Day 6 - Mt Victoria Trek - drive to Aye Village**

Trek to Mt Victoria (3,050m asl), the highest peak in southeast Asia outside the Himalayan mountains. Trek via the colonial era bridal path into the Rhododendron cloud forests to the summit (5hrs return). Nat Ma Taung National Park is listed by IUCN as a biodiversity "hot spot" and the park is Myanmar's largest conservation area. Overnight in village house at Aye village.

## **Day 7 - to Mindat**

Morning trek to neighbouring village. Return to Aye Village for late lunch, visit local school and weaving centre. Mid afternoon drive to the river and up the steep road to Mindat. Dinner at local cafe, overnight at Guest house.

## **Day 8 - Mindat**

Today we plan to relax in Mindat and meet some of the local identities. Chin culture is renowned for its strong ethnic identity with a tattoo and wind instrument culture similar to that of Polynesian people.

## **Day 9 - to Bagan**

Drive back to Bagan today via Kyauk-Htu and Pauk townships to Pakokku where we cross over the Ayeyrwyddy River to Bagan.

## **Day 10 - to Heho, Pindaya, Yasakyi**

Morning flight to Heho on the Shan plateau then by road to Pindaya about 90 minutes drive from the airport. After lunch an easy 3 hour trek to Yasakyi Monastery where we overnight.

## **Day 11 - Trek to Kan Hla Kone Village**

After breakfast we set out to walk via the village pathways, home of the Palaung hill tribe. This is a gradual but steady climb for 2 hours to reach the ridge top and an easy descent of 2-3hrs to our overnight stop at the village monastery or local house.

## **Day 12 - Trek**

Today the walk back to Pindaya is an easy ramble down hill through bamboo forest and cultivated small holdings to the villages of Pansit, Inya Kan, and Zawgyi Myit Phya. Return to Pindaya by late afternoon, dinner and overnight at Pindaya hotel.

## **Day 13 - to Inle Lake**

This morning visit the 1000 Buddha Pindaya caves and local market. Late morning we'll head back down valley to the Inle basin and by "long-tail" boat out across the lake to our "floating hotel". Arrive at the hotel late afternoon. Dinner at the hotel.

## **Day 14 - Inle Lake**

After breakfast depart by longtail boat for a full day sightseeing. Inle Lake is home to the Intha people, famous for their leg rowing prowess, floating gardens and villages. Plan to spend the day visiting villages and sampling the spectacular array of traditional handicrafts. Dinner and overnight at the hotel.

## **Day 15 - Inle Lake**

Depart by Longtail boat for Shwe Indein Pagoda at the southern end of the lake. Today we can combine a trip to the ancient Inle capital of Indein with a walk to local Pa-O villages. Dinner and overnight at hotel.

## Day 16 - to Yangon

Return to the airport at Heho for our morning flight to Yangon. In Yangon, we will visit the Bogyoke Aung San Market (Scott Market) for souvenir shopping and late afternoon walk on the Pilgrims causeway on Kandawgyi Lake with great views of the magnificent Shwedagon Pagoda - one of Myanmar's most sacred places - a stunning sight as the sun sets. Farewell dinner at a local restaurant.

## Day 17 - Depart

Transfer to the airport for your flight.



p +64 3 762 6673  
p +612 9810 9486

e [info@silkroad.co.nz](mailto:info@silkroad.co.nz) - New Zealand  
e [silk\\_rd@bigpond.net.au](mailto:silk_rd@bigpond.net.au) - Australia

[silkroad.co.nz](http://silkroad.co.nz)